

Advanced immunological studies on the effect of Spirulina in cultured tilapia

Abdalla O.A., Eissa I. A.*, Omnia E. Kilany and Shimaa M.Elbahar**

*Department of Clinical Pathology; *Department of Fish disease and Management, Fac. Vet. Med., Suez Canal University, and ** Fac. Vet. Med., Suez Canal University, Egypt.*

English Abstract

This study was undertaken to evaluate the use of spirulina (*Arthrospira platensis*) as immunity promoter for Nile tilapia, *Oreochromis niloticus* (L.). A total of 270 fish (50 ± 5 g) were randomly distributed into six groups each at a rate of 15 fish per aquarium and fed on a diet containing 0.0, 5.0 or 10.0 g spirulina/kg diet for 6 weeks. Each subdivided into three equal replicates. After the feeding trial, fish of each treatment were challenged by pathogenic *Pseudomonas fluorescens* which was given by intraperitoneal (IP) injection. The blood samples were taken after 4 and 6 weeks for immunological examinations. The results showed that the highest white blood cells (WBCs), neutrophils, monocytes and basophils were obtained at 5.0 - 10.0 g spirulina/kg diet before and after the infection. There were non significant changes in lymphocytes after 4 weeks, while after infection with *Pseudomonas fluorescens* lymphocytes increased in groups supplemented with spirulina. Moreover, spirulina enhanced serum lysozyme activity, bactericidal activity, and antioxidant enzymes (GPx and SOD) of treated groups before and after the infection. Total fish mortality 10-days were decreased after IP injection with *Pseudomonas fluorescens* with the increase of spirulina level in fish diets. The lowest fish mortality was obtained when fish fed 10.0 g spirulina/kg. These results indicate that spirulina supplementation is promising for disease prevention in tilapia culture, and the optimum level of spirulina in fish diet is 10.0 g per kg diet.

Introduction

Proper nutrition has long been recognized as a critical factor in promoting normal growth and sustaining fish health. Prepared diet not only provide the essential nutrients that are required for normal physiological functioning, but also may serve as the medium

by which fish receive other components that may affect their health (Gatlin, 2002). *Oreochromis niloticus* is one of the most important species within the tilapia species. Abdel-Tawwab and El-Marakby (2004) noted that Nile tilapia, *O. niloticus* is omnivorous and can utilize a wide range of food

items including blue green algae. Spirulina (*Spirulina platensis*) is a freshwater blue-green filamentous alga, and it is receiving increasing attention for its bioactive components such as vitamins, protein (60–70%), minerals, polyunsaturated fatty acids, carotenes and other pigments that have antioxidants activity (*Madhava et al, 2000; Lin et al, 2007*).

Researchers have reported the therapeutic effects of spirulina as a growth promoter, probiotic, and booster of the immune system in animals including fishes (*James et al, 2006*). In fish, several immunostimulants such as Chitin (*Esteban et al., 2001*), Lactoferrin, dimerized lysozyme (*Siwicki et al, 1998*), CPG oligodeoxy nucleotides (*Tassakka and Sakai, 2003*) and nisin have been reported and these substances play a promising role in aquaculture by enhancing the resistance of cultured fish against diseases. Recently, spirulina has been speculated to be associated with modulation of the host immune system (*Hironobu et al, 2006*). *Abdel-Tawwab et al, (2008)* reported that the highest red blood cells (RBC), white blood cells (WBC), were obtained when *O. niloticus* fed on diets containing 5.0 - 10.0 g spirulina/kg diet. In the same line *James et al, (2009)* revealed that the hematological parameters (RBC count and Hb content) were improved in copper exposed *Cirrhinus mirigala* fed

spirulina supplemented diets as against copper exposed fish fed spirulina free diet. Also, *Ragab et al, (2012)* said that The RBCs, WBCs and PCV values had the highest values during addition of spirulina to diet of *O niloticus* at different levels of *S. platensis*, also there was increasing in lymphocytes, monocytes, basophils, eosinophils and neutrophils in groups fed on spirulina. Also, *Promya and Chitmanat (2011)* reported that by increasing spirulina supplementation fish had higher red and white blood cell counts. *Andrews et al, (2011)* who reported that the erythrocyte count, haemoglobin concentration and the leucocyte count was significantly higher in *Labeo rohita* fingerlings fed on diets containing spirulina supplementation compare to control group. Also, *Kaoud et al, (2012)* recorded that the addition of dried *Spirulina platensis* improves the haematological parameters (RBCs, Hb and Hct) as these parameters were of normal values and increased significantly in *O. niloticus* exposed to Hg with *Spirulina platensis*. This study was conducted to study the effects of graded levels of Spirulina (*A. plantensis*) on RBCs and White blood cells (WBC), some oxidative parameters and non-specific immune responses. Besides resistance of Nile tilapia to *Psuedomonas fluroscence* infection.

Materials and Methods

Fish: A total number of 270 *O. niloticus* with average body weight of 50 ± 5 g were obtained from the Central Laboratory for Aquaculture Research, Abbassa, Abo-Hammad, Sharqia, Egypt. They were transported in sterile plastic bags containing water enriched by oxygen (2/3) to the lab of the Dept. of Fish Diseases, faculty of veterinary medicine, Suez Canal University. They kept for two weeks under observation for acclimation in glass aquaria (100×40×50cm). Fish were fed on the basal diet for 2 weeks. The water was changed daily.

Aquaria: These aquaria were used for holding the experimental fish throughout the period of the present study, (triplicate each treatment). Each aquarium was supplied with chlorine free tap water (*Innes, 1966*). The water temperature was kept at 22 ± 1 °C. The continuous aeration was maintained in each aquarium using an electric air pumping compressors. Settled fish wastes were cleaned daily by siphoned with three quarters of the aquarium's water, which was replaced by aerated water from the water storage tank.

Diet preparation: A basal diet was formulated to contain 30.6% crude protein diet. The diet was daily provided at a fixed feeding ratio of 3% of body weight of fish according to *Eurell et al, (1979)*. The daily amount of food was offered as two equal meals /day on

two occasions over the day (9Am and 12 PM).

S. platensis used in the present study was obtained from agent chemical laboratories. Redmond, WA, USA.

Pathogen: *Pseudomonas fluorescens* strain was kindly supplied by Central Laboratory for Aquaculture Research, Abbassa, Abo-Hammad, Sharqia, Egypt. It was used for serum bactericidal activity and challenge test. Lyophilized *Micrococcus lysodeketicus*, which was used for serum lysozomal activity. (Sigma M3770).

Experimental design:

The pre-acclimatized fish were divided into six groups each group subdivided into 3 subgroups each group distributed into three aquaria. (Replicates, each 15 fish/ aquarium) Group (I) and (IV) were fed on a basal diet (control), Group (II) and (V) were fed with spirulina supplement at 5.0 g/kg diet and Group (III) and (VI) fed with fed with spirulina supplement at 10 g/kg diet. Groups (VI, V and VI) post feeding trails (at the end of the month) were experimentally infected I/p with *Pseudomonas fluorescens*, the mortalities were estimated post challenge infections till the end of the experiment.

Blood sampling: At the 4 weeks and after 6 weeks, fish were fasted for 24 hours immediately prior to blood sampling and five fish per aquaria were randomly chosen. The blood was extracted from the caudal

blood vessels and divided in two sets of eppendorf tubes. One set contained di potassium salt of EDTA, used as anticoagulant, for the counting of red blood cells (RBC) and white blood cell (WBC), which were done following the methods of *Brown (1988)*. The second set was left with no anticoagulant and centrifuged at 5000 rpm for 5 min at room temperature, the supernatant serum collected and stored at -20 °C in screw capped glass vials until used for serum immunological tests.

Lysozyme activity: Serum lysozyme activity was determined through the turbidimetry described by *Engstad et al (1992)* by using lyophilized *Micrococcus lysodekticus* (OD=0.3) as the substrate in phosphate buffer (0.1 M, PH 6.4)

Serum bactericidal activity: Bacteriocidal activity in fish samples was analyzed according to the Miles– Misra technique *Rainger and Rowley (1993)*.

Measurement of antioxidant enzymes

The activity of Glutathione peroxidase(GPx): Glutathione peroxidase (E.C.1.1.1.1.9), activity was determined by measurement of the reduced glutathione substrate (GSH) remaining after the action of the enzyme using the combined methods of *Chiu et al (1976)* with

Ellmans reagent in presence of cumene hydroperoxide as a secondary substrate. The unit of enzyme activity is the amount of Gpx which consumes 1 μ mol reduced glutathione/ min in presence of cumene hydroperoxide.

The activity of superoxide dismutase (SOD): The activity of SOD (E.C.1.1.5.1.1) was determined spectrophotometrically at 480 nm by the epinephrine method by *Misra and Fridovich (1972)* and it was expressed in (U/g wet wt)/ ml of blood serum (U/ml blood serum).

Challenge test: After month, post feeding trails fish from each treatment groups (VI, V and VI) (10fish/ aquarium) were challenged with pathogenic *P. fluorescens*. The fish were injected intraperitoneally with 0.2 ml sterile saline containing (1.5 x 10⁸ / ml) pathogenic strain of *Pseudomonas flourescens*, according to *El-Attar and Moustafa (1996)*.

Statistical analysis: The obtained data were subjected to one-way ANOVA to evaluate the effect of spirulina supplement. Differences between means were tested at the 5% probability level using Duncan Multiple Range test. All the statistical analyses were done using SPSS program version 10 (SPSS, Richmond, VA, USA) as described by *Dytham (1999)*.

Table (1): Design of the experiment:

Treatments (Groups)	Diet	Infection
I	Basal diet	Not infected
II	Basal diet containing 5g <i>Spirulina</i> /kg diet	Not infected
III	Basal diet containing 10g <i>Spirulina</i> /kg diet	Not infected
IV	Basal diet	Infected
V	Basal diet containing 5g <i>Spirulina</i> /kg diet	Infected
VI	Basal diet containing 10g <i>Spirulina</i> /kg diet	Infected

Results

Hematological and leukogram results:

In the present study, the results after 4 weeks showed that fish fed on diets containing spirulina exhibited higher RBCs counts compared with the control (Table2). While, the results after 7 weeks showed that RBCs counts were decreased in all infected groups. While the RBCs counts were stable in infected fish fed on spirulina (Table3). The WBCs counts after 4 weeks had the highest values during addition of spirulina. Also, there was increasing in the neutrophils counts followed by monocytes during the addition of spirulina in groups (II, III). Also after 6 weeks WBCs, neutrophils, monocytes and lymphocytes counts were increased in all infected groups, in which the highest count were obtained in 1% spirulina infected groups (VI) and the lowest count were obtained in the control infected group (IV).

Immunological results:

Lysozyme activity: the results showed that After 4 weeks serum lysozyme activity showed the

highest values at spirulina 1% group (III). (table4). However, after 6 weeks the serum lysozyme activity in non infected groups was increased by the increase of spirulina supplementation in diet. While the challenged groups showed the highest values than non challenged groups, in which the highest values of lysozyme activity at 1% spirulina infected group (VI) (table5).

Bactericidal activity: after 4 and 6 weeks increased significantly with the increase of spirulina supplementation. Moreover, the bactericidal activity in challenged groups showed highest values than non challenged groups, in which the highest values of bactericidal activity were obtained at 1% spirulina infected group (VI) (table4 and 5).

Antioxidant enzymes The results showed that After 4 weeks, serum GPx and SOD showed highest values at spirulina 1% group (III), while the lowest values were obtained at control group (I) (table4). while, After 6 weeks the serum GPx and SOD in non

infected groups were increased by increase of spirulina supplementation in diet, however challenged groups showed highest values than non challenged groups, in which the highest values of serum GPx and SOD at 1% spirulina infected group(VI) (table5).

The Mortality Rate and the Relative Level of Protection (RLP):

The mortality rate was significantly lower in all *S. platensis* supplemented groups than the control. Also, the results evoked significant protection in all *S. platensis* supplemented groups than the control (table 6).

Table (2): Effect of *Spirulina platensis* on hematological parameters of *O.niloticus* fed on practical diets containing different levels of spirulina after 4 weeks:

Items	Control (I)	Spirulina 0.5%(II)	Spirulina 1%(III)	Control infected (IV)	Spirulina 0.5% infected (V)	Spirulina 1% infected (VI)
RBCs x 10 ⁶ /µl	1.06±.06 ^b	1.87±0.50 ^b	2.3±0.15 ^a	1.05±0.02 ^b	1.9±0.51 ^b	2.4±0.05 ^a
WBCs x 10 ³ /µl	25.9±0.7 ^c	34.8±.24 ^b	63.96±.26 ^a	26±0.57 ^c	35±0.57 ^b	63.6±0.92 ^a
Neutrophils x 10 ³ /µl	8.6±0.6 ^c	14±0.57 ^b	32.75±0.43 ^a	8.8±0.46 ^c	13.9±0.51 ^b	32.6±0.92 ^a
Lymphocytes x 10 ³ /µl	11.5± 0.5 ^a	11.56±0.31 ^a	11.62±0.35 ^a	11.3± 0.75 ^a	11. 6±0.92 ^a	11.7±0.98 ^a
Monocytes x 10 ³ /µl	2.7±0.7 ^c	5.8±0.18 ^b	14.3±0.17 ^a	2.7±0.40 ^c	5.9±0.51 ^b	14.2±0.69 ^a
Eosinophils x 10 ³ /µl	2.1±0.1 ^a	2.4±0.23 ^a	2.64±0.36 ^a	2.2±0.07 ^a	2.5±0.28 ^a	2.6±0.34 ^a
Basophils x 10 ³ /µl	1.0±0.5 ^c	1.0±0.5 ^b	2.64±0.36 ^a	1±0.57 ^c	1.1±0.57 ^b	2.5±0.88 ^a

Data in the same raw with different superscript are significantly different (P < 0.05)

Table (3): Effect of *Spirulina platensis* on hematological parameters of *O.niloticus* fed practical diets containing different levels of spirulina after 6 weeks:

Items	Control (I)	Spirulina 0.5 % (II)	Spirulina 1% (III)	Control infected (IV)	Spirulina0.5% infected(V)	Spirulina 1% infected (VI)
RBCs x 10 ⁶ /µl	1.07±0.04 ^{cd}	1.92±0.04 ^{ab}	2.53±0.92 ^a	0.9±0.2 ^d	1.7±0.40 ^{bc}	2.08±0.80 ^{ab}
WBCs x 10 ³ /µl	26.2±0.40 ^f	35.8±0.08 ^e	64.6±0.20 ^c	26±0.28 ^d	84.8±0.28 ^d	120±0.17 ^a
Neutrophils x 10 ³ /µl	8.7±0.40 ^e	14.23±0.13 ^d	32.69±0.39 ^c	33.6±0.34 ^c	40.84±0.48 ^b	52.4±0.23 ^a
Lymphocytes x 10 ³ /µl	11.5± 0.28 ^d	11.51±0.29 ^d	11.62±0.35 ^d	16.9±0.51 ^c	20.88±0.50 ^b	30.6±0.34 ^a
Monocytes x 10 ³ /µl	2.7±0.40 ^f	5.86±0.49 ^e	14.31±0.17 ^c	8.2±0.11 ^d	18.24±0.14 ^b	33.6±0.35 ^b
Eosinophils x 10 ³ /µl	2.1±0.06 ^a	2.05±0.02 ^a	2.64±0.37 ^a	2.2±0.11 ^a	2.1±0.16 ^a	2.2±0.12 ^b
Basophils x 10 ³ /µl	1±0.28 ^b	1.45±0.03 ^b	2.64±0.36 ^a	1.11±0.05 ^b	1.52±0. 30 ^b	1.2±0.12 ^b

Data in the same raw with different superscript are significantly different (P < 0.05)

Table (4): Effect of *Spirulina platensis* on immunity and oxidative stress in serum of *O.niloticus* fed practical diets containing different levels of spirulina after 4 weeks

Items	Control (I)	Spirulina 0.5% (II)	Spirulina 1% (III)	Control infected (VI)	Spirulina 0.5% infected(V)	Spirulina 1% infected (VI)
Lyzsozyme activity	7.95±0.15 ^c	9.3±0.285 ^b	11.35±0.23 ^a	8.16±0.20 ^c	9.4±0.80 ^b	11.24±0.69 ^a
Bactericidal activity	46.35±0.85 ^c	61.1±0.55 ^b	68.00±0.52 ^a	46.33±0.44 ^c	63.4±1.72 ^b	68.16±0.4 ^a
GPx	0.12±0.05 ^c	0.14±0.01 ^{abc}	0.18±0.01 ^a	0.11±0.01 ^c	0.13±0.02 ^{abc}	0.17±0.02 ^{ab}
SOD	0.47±0.05 ^c	0.7±0.02 ^b	0.80±0.02 ^a	0.48±0.03 ^c	0.69±0.05 ^b	0.82±0.06 ^a

Data in the same raw with different superscript are significantly different (P < 0.05)

Table: (5) Effect of *Spirulina platensis* on immunity and oxidative stress in serum of *O.niloticus* fed practical diets containing different levels of spirulina after 6 weeks

Items	Control (I)	Spirulina 0.5% (II)	Spirulina 1% (III)	Control infected (VI)	Spirulina 0.5% infected (V)	Spirulina 1% infected (VI)
Lyzsozyme activity	8.69±0.29 ^f	10.05±0.10 ^c	11.83±0.20 ^d	14.9±0.23 ^c	17.73±0.24 ^b	20.80±0.34 ^a
Bactericidal activity	46.86±0.54 ^c	62.63±0.40 ^d	70.66±0.33 ^b	64.86±0.38 ^c	70.8±0.26 ^b	83.8±0.45 ^a
GPx	0.11±0.01 ^c	0.15±0.01 ^d	0.18±0.01 ^c	0.19±0.01 ^c	0.27±0.01 ^b	0.31±0.01 ^a
SOD	0.48±0.03 ^d	0.73±0.02 ^c	0.85±0.03 ^{bc}	0.81±0.03 ^{bc}	0.92±0.03 ^b	1.09±0.01 ^a

Data in the same raw with different superscript are significantly different (P < 0.05)

Table: (6) Mortality and relative level of protection of experimental *O. niloticus* at end of the study of feeding supplemented diet with *Spirulina* after challenged with *Pseudomonas fluorescens*

Items	Control (I)	Spirulina 0.5% (II)	Spirulina 1% (III)	Control infected (IV)	Spirulina 0.5% infected(V)	Spirulina 1% infected (VI)
Number of dead fish	0.00	0.00	0.00	15	8	4
Mortality %				75%	40%	20%
R LP%	0.00	0.00	0.00	0.00	25.66%	73.34%

Discussion

The blood parameters as leucocytic counts and differential leucocytic counts have diagnostic importance and usually readily respond to identical factors such as physical, chemical and biological stressors (Hicky, 1976 and Soliman, 1996).

Erythrocytes are a major and reliable indicator of various sources of stress (Rehulka 1989). In the present study, fish fed on diets containing spirulina exhibited higher RBCs counts. These results in agreement with Abdel-Tawwab *et al* (2008) who reported that the highest RBCs counts were obtained

when *Oreochromis niloticus* fed on diets containing 5.0 - 10.0 g spirulina/kg diet. Also, **Ragab (2009)**, **Andrews *et al* (2011)** and **Promya and Chitmanat (2011)** who reported that the erythrocyte count was significantly higher in fish fed on diets containing spirulina supplementation compare to control group. Our results may be due to spirulina has 14% phycocyanin and it stimulates the erythropoietin hormone production for hematopoiesis (**Henrikson, 1994**). And/or the increase of RBCs counts is a response to tolerate stress or on the other hand is a measure to maintain general health (**Sivagurunathan *et al*, 2012**). The results after 7 weeks showed that RBCs counts were decreased in all infected groups, the lowest count were obtained in the control infected (IV). The decrease in RBCs counts may be attributed to observe hemorrhages and red blood cell lysis (**Wafaa, 2007**) which results in severe anemia (**James *et al*, 1992**) And/or Erythrocytes are a major and reliable indicator of various sources of stress (**Rehulka, 2000**)

The WBCs counts after 4 weeks had the highest values during addition of spirulina, Also, there was increasing in the neutrophils counts followed by monocytes during the addition of spirulina. Also, after 6 weeks WBCs, neutrophils, monocytes and lymphocytes counts were increased in all infected groups. The results

are in agreement to data obtained by (**Gupta *et al*, 1979** and **Edvington *et al*, 1994**) who cleared that fish not received any immunostimulants or live under stress conditions showed decreased leucocytes count and increase susceptibility to infection. In the same line with **Andrews *et al*, (2011)** who stated that the leucocytic count was significantly higher in *Labeo rohita* fingerlings fed on diets containing spirulina supplementation compare to control group.

The high level of WBCs, monocytes, and lymphocytes in infected groups in the agreement with **Wafaa (2007)** who cleared that the infected fish with *Pseudomonas fluorescens* showed that significant increase in total leucocytic count as well as increased lymphocytic count. Moreover **Abdel-Tawwab *et al* (2010)** observed an increase in WBC and Lymphocyte counts in Nile Tilapia fed with feed incorporated with Green Tea and infected with *Aeromonas hydrophila*. Similar increase in WBC, neutrophils, lymphocytes and monocytes were observed in *Cirrhinus mrigala* fed with feed supplemented with Ginger and Turmeric and infected with *P.aeruginosa* by **Sivagurunathan *et al* (2012)**. The obtained results may be due to there is evidence that c-phycocyanin and polysaccharides of spirulina enhance white blood cell production (**Qureshi and Ali, 1996**). Studies have shown that phycocyanin affects the stem cells

which found in the bone marrow. Stem cells are the “grandmother” of both white blood cells that make up the cellular immune system and the red blood cells that oxygenate the body (*Kithja, 2005*). Also, *Hayashi et al (2006)* cleared that the spirulina extract, hot- water extract, Phycocyanin, and cell- wall component extract, enhanced proliferation of bone marrow cells in mice. The high level of WBCs, monocytes, and lymphocytes in infected groups may be due to leucocytes are centrally involved in phagocytic and as immune responses to parasitic, bacterial, viral and similar challenges (*Houstan, 1990*). Thus increase in the TLC, neutrophils, monocytes and lymphocytes in spirulina incorporated diet fed fishes can be attributed to the non-specific immune response and increase in lymphocytes may be a specific pathogen induced Immune response.

Lysozyme is an enzyme found in a wide range of vertebrates including fish and is one of the defensive factors against invasion by microorganisms as it act as non-specific component of innate immunity (*Hansen, 1974*).

In the present study, the results showed that after 4 weeks serum lysozyme activity was significant in all fish groups given basal diet supplemented with *S. platensis*. Results were in accordance with (*Khalil et al, 2007; Ragab et al; 2012 and Promya and Chitmanat,*

2011) who reported that spirulina enhanced responses of lysozyme activity of fish. The increase in the immunity stimulating capacity (measure by a lysozyme activity assay) could be due to the presence of C-phycocyanin in the spirulina alga, which can help build the immunity capacity (*Vonshak, 1997*). After 6 weeks the serum lysozyme activity in non infected groups were increased by increase of spirulina supplementation in diet. While the challenged groups showed highest values than non challenged groups. Results were in accordance with (*Manal et al, 2011*) that cleared that lysozyme activity in serum samples of *P. florescence* challenged groups of Nile tilapia was elevated. The elevation of lysozyme in infected groups may be due to high lysozyme activity may be desirable in cultured fish because it may aid against infection when fish are kept at high densities and consequently are exposed to high bacterial loads (*Grinde et al, 1988*). And/or in fish , lysozyme is an enzyme with antibiotic properties that is released by leucocytes, has a broader spectrum activity than mammalian lysozyme (*Demers and Bayne, 1997*) .

In this study bactericidal activity after 4 and 6 weeks increased significantly with the increase of spirulina supplementation. Moreover, the bactericidal activity in challenged groups showed highest values than non challenged

groups, in which the highest values of bactericidal activity at 1% spirulina group (VI). This result matches with (*Khalil et al, 2007, Abdel-Tawwab et al, 2008 and Ragab et al, 2012*) who reported that spirulina enhanced responses of bactericidal activity of *Oreochromis niloticus*. These results may be attributed to the increase in phagocytosis in blood, which have an important role for prevention of infectious disease (*Mohan et al, 2006*).

In the present study, the results showed that After 4 weeks serum GPx and SOD showed highest values at spirulina 1% group (III), while the lowest values were obtained at control group (I) This result agreed with (*Lin et al, 2010 and Tayag et al, 2010*) who stated that White shrimp *L. vannamei* that had received *S. platenis* had enhanced innate immunity by significantly increased SOD activity, a GPx activity. These results may be due to antioxidant property of Spirulina, earlier studies reported that Spirulina possess significant antioxidant properties as it is rich in carotenoids, flavonoids which scavenge free radicals (*Bhat and Madyatha, 2000*). Selenium present in spirulina induced selenium containing enzyme Glutathione peroxidase (GPx), an enzyme catalyzes the reduction of H_2O_2 and hydroperoxides to non-toxic products (*Henrikson, 1989*).

After 6 weeks the serum GPx and SOD in non infected groups were increased by increase of spirulina supplementation in diet, however challenged groups showed highest values than non challenged groups, in which the highest values of serum GPx and SOD were obtained at 1% spirulina group (VI). These results agreed with (*Manal et al, 2011*) who cleared that *Nile tilapia* post bacterial challenge showed that the antioxidant enzyme levels in sera of *Pseudomonas fluorescens* challenged group were elevated than control. These results may be due to that pathogenic bacteria could trigger an oxidative stress through-which a group of multifunctional antioxidant enzymes are involved in the detoxification and effective removal of both excessive reactive intermediates and oxygen radicals (*Olsvik et al, 2006*). These intermediates are responsible for oxidation of biological membranes leading to altered physiological condition, metabolic dysfunction and could ultimately predispose to death (*Olsvik et al, 2006*).

The challenge infection revealed a significantly lower mortality percentage in the group received 10 g/kg *S. platenis* in diet (group VI) and significantly high relative level of protection (RLP) after challenge infection using *P. fluorescens*. These results may be due to spirulina contains phytopigments such as phycobilins, phycocyanin and allophycocyanin, and

xanthophylls, which seem to be related to its antioxidant activity (*Miranda et al, 1998 and Bhat and Madyastha, 2000*).

References

- Abdel-Tawwab, M. and El-Marakby, H. I. (2004):** Length-weight relationship, natural food and feeding selectivity of Nile tilapia; *Oreochromis niloticus* (L.) in fertilized earthen ponds. In: R. Bolivar, G. Mair and K. Fitzsimmons (eds.), The 6th International Symposium of Tilapia in Aquaculture ISTA(6),14-16, Manila, Philippines, pp 500-509.
- Abdel-Tawwab, M.; Ahmad, M. H.; Abdel-Hadi, Y. M. and Seden, M. E. A. (2008):** Use of spirulina (*Arthrospira platensis*) as agrowth and immunity promoter for Nile tilapia, *Oreochromis niloticus* (L) fry challenged with pathogenic *Aeromonas hydrophila*. International symposium on tilapia in aquaculture, 1015-103.
- Abdel-Tawwab, M.; Ahmad, M. H.; Medhat, E.; Saleh, F.M. (2010):** Use of Green Tea, *Camellia sinensis* L, in Practical Diet for growth and production of Nile Tilapia, *Oreochromis niloticus* (L) against *Aeromonas hydrophila* Infection. J. of the World Aquaculture Society. (41), 203-213.
- Andrews, S. R.; Sahu, N. B.; Pal, A. B.; Mukherjee, S. C. and Kumar, S. (2011) :** Yeast extract, brewer's yeast and spirulina in diets for Labeo rohita fingerlings affect haemato-immunological responses and survival following *Aeromonas hydrophila* challenge. Research in Veterinary Science, (91), 103–10.
- Bhat, V. B. and Madyastha, K. M. (2000):** C-phycoerythrin: A potent peroxyl radical scavenger in vivo and in vitro. Bioch. Biophys. Res. Comm., (275), 20–25.
- Brown, B. A. (1988):** Routine hematology procedures. Pages 7–122 in B. A. Brown, editor. Hematology, principles and procedures. Leo and Fabiger, Philadelphia, Pennsylvania, USA.
- Chiu, D. I. Y.; Stults, P. H. and Tappal, A. L.; (1976):** Purification and preparation of rat lung soluble glutathione peroxidase. Biochem. Biophys. Acta,(445), 558-566.
- Demers, N. E. and Bayne, C. J. (1997):** the immediate effects of stress on hormones and plasma lysozyme in rainbow trout. Dev. Comp. Immunol. (21), 363-373.
- Dytham, C. (1999):** Choosing and Using Statistics: A Biologist's Guide. Blackwell Science Ltd., London, UK.
- Edvington, T. S.; Harvey, R. B. and Kubena (1994):** Effect of aflatoxin in growing lambs fed ruminally degradable or escape protein sources. J. Anim. sci. 72 (5), 74-81.
- El-Attar M and Moustafa A. (1996):** Experimentally infected Tilapia fish (I/P) with 0.5 ml broth cultured (3×10^7 cell /ml) of *P. fluorescens*. Assiut. Vet. Med. 35: 155-162.
- Engstad, R. E.; Robertsen, B. and Frivold, E. (1992):** Yeast glucan

induces increase in lysozyme and complement-mediated haemolytic activity in Atlantic salmon blood. *Fish and Shellfish immunology*, (2):287-297

Esteban, M.; Cuesta, A. Ortuno, J. Mesequer, D. and Immuno, J. (2001): modulatory effects of dietary intake of Chitin on gilthead seabream (*Sparus aurata*) innate immune system. " *Fish shell fish immunol*; (11): 303-315.

Eurell, T.; Lewis, S. and Grumbles, L. (1979): Comparison of selected diagnostic tests for detection of motile *Aeromonas* septicaemia in fish. *Am. J. Vol. Res.* 1979; 39 (8): 1384 – 1386.

Gatlin, D. M. III. (2002): In: Halver, J. E., Hardy, R. W. (Eds). *Fish Nutrition*. Academic Press, San Diego, CA, USA, pp 671 - 702.

Grinde, B.; Lie, O.; Poppe, T. and Salte, R. (1988): Species and individual variation in lysozyme activity in fish of interest in aquaculture. *Aquaculture* (68), 299-304.

Gupta, M.; Sasmal, D. and Bandyopadhyay, S. (1979): Effect of ochratoxin A on pentylene tetrazol induced convulsion in mice. *IRCS Med.Sci* (7), 466.

Hansen, N. E. (1974): Lysozyme assay. *Series Haematologica*, 7, 14-21.

Hayashi, O.; Ono, S.; Ishii, K.; Shi, Y.; Hirahashi, T. and Katoh, T. (2006): "Enhancement of proliferation and differentiation in bone marrow hematopoietic cells by *Spirulina* (*Arthrospira*) *platensis* in

mice", *Journal of Applied Phycology*, (18), 47-56.

Henrikson, R. (1989): Earth food *Spirulina*. Cited from Recolina Ltd. Renore Enterprises Inc, Launa Beach, California, pp 27–65.

Henrikson, R. (1994): *Microalga Spirulina Super Alimento del Futuro* Ronore Enterprises. 2nd ed. Urano, Barcelona, Spain. 36 pp.

Hickey, C. R. (1976): Fish hematology its uses and significance. N.Y. *Fish Game J.* (23), 175-179.

Hironobu, W.; Kazuki, O.; Asmi, C.; Tassakka, T. and Masahiro S. (2006): Immunostimulant effects of dietary *Spirulina platensis* on carp, *Cyprinus carpio*. *Aquaculture*; 258: 157 - 163.

Houstan, A. H. (1990): Blood and Circulation. In: *Methods for fish Biology*, Schreck. CB and P.B Moyle (Eds). American Fisheries Society, USA., ISBN:0-913235-98 X:273-334.

Innes, W. T. (1966): *Exophic Aquarium fishes*. 4th ed. Aquac. Inc. Jersey, USA. 530-533.

James, R.; Sampath, K.; Jancy Pattu, V. and Devakiamma, G. (1992): Utilization of *Eichhorina crassipes* for the reduction mercury toxicity on food transformation in *Heteropneustes fossilis*. *J. Aqua. Trop.*, (7), 189- 196.

James R, Sampath K, Thangarathinam R and Vasudhevan I. (2006): Effect of dietary spirulina level on growth, fertility, coloration and leukocyte count in red swordtail,

- Xiphophorus helleri*. Isr. J. Aquacult Bamidgeh, 58:97-104.
- James, R.; Sampath, K.; Vellaismy, P. and Manikandan, M. M. (2009):** Effect of dietary spirulina on reduction of copper toxicity and improvement of growth, blood parameters and phosphates activities in carp, *Cirrhinus mrigala*. Indian Journal of Experimental Biology (47), 754-759.
- Kaoud, H. A.; Mahran, K. H. A.; Rezk, A. and Khalf, M. A. (2012):** Bioremediation the toxic effect of mercury on liver histopathology, some hematological parameters and enzymatic activity in Nile tilapia, *Oreochromis niloticus*. Researcher; 4(1), 60-70.
- Khalil, R. H.; Saad, T. T. and Mahfouz, N. B. (2007):** Immunostimulant effects of dietary *Spirulina platensis*. on tilapia (*Oreochromis niloticus*). The Eighth Conference and Exhibition on Food Industries between Production Quality and Competitiveness.
- Kithja, R. (2005):** Growth of *Pangasius bocourti* Sauvage fed with different level of *Spirulina* sp in pellet feed. Special Science Problem, Faculty of Fisheries Technology and Aquatic Resources, Macjo University, Thailand.
- Lin, W.; Pan, B.; Sheng, J.; Xu, J. and Hu, Q. (2007):** Antioxidant activity of *Spirulina platensis* extracts by supercritical carbon dioxide extraction. Food Chem., (105), 36-41.
- Lin, Y. C.; Tayag, C. M.; Huang, C. L.; Tsui, W. C. and Chen, J. C. (2010):** White shrimp *Litopenaeus vannamei* that had received the hot-water extract of *Spirulina platensis* showed earlier recovery in immunity and up-regulation of gene expressions after pH stress. Fish & Shellfish Immunology (29), 1092e1098.
- Madhava, C.; Bhat, V. B.; Kiranmai, G.; Reddy, M. N.; Reddanna, P. and Madyastha, K. M. (2000):** Selective inhibition of cyclooxygenase-2 by C-phycoerythrin, a biliprotein from *Spirulina platensis*. Bioch. Biophys. Res. Comm., (277), 599-603.
- Manal, M. Z.; Eissa, A. E. and Sherein, S. (2011):** Assessment of the Immune Status in Nile Tilapia (*Oreochromis niloticus*) Experimentally Challenged with Toxogenic / Septicemic Bacteria During Treatment Trial with Florfenicol and Enrofloxacin. World Journal of Fish and Marine Sciences 3 (1): 21-36.
- Miranda, M. S.; Cintra, R. G.; Barros, S. B. and Mancini Filho, J. (1998):** Antioxidant activity of the microalga *Spirulina maxima*, Brazilian Journal Medical and Biological Research, (31), 1075-1079.
- Misra, H. P. and Fridovich, I. (1972):** The role of superoxide anion in the autoxidation of epinephrine and sample assay for superoxide dismutase. J. BiolChem., (247), 3170-3175.

- Mohan, I. K.; Khan, M.; Shobha, J. C.; Naidu, M. U.C.; Prayag, A. and Kuppusamy, P. (2006):** Protection against cisplatin-induced nephrotoxicity by *Spirulina* in rats. *Cancer Chem. Pharm.*, 58(6): 802–808.
- Olsvik, P. A.; Kristensen, T.; Waagbo, R.; Tollefsen, K. E.; Rosseland, B. O. and Toften, H. (2006):** Effects of hypo- and hyperoxia on transcription levels of five stress genes and the glutathione system in liver of Atlantic cod *Gadus morhua*. *J Experiment Biol.*, (209), 2893-2901.
- Promya, J. and Chitmanat, C. (2011):** The effects of *Spirulina platensis* and *Cladophora* algae on the growth performance, meat quality and immunity stimulating capacity of the African sharptooth catfish (*Clarias gariepinus*). *Int. J. Agric. Biol.*, (13), 77–82.
- Ragap, H. M. (2009):** Some studies on *Spirulina* on some cultured freshwater fish in Egypt. M.V.Sc. Of Vet.(Dept. Fish disease and management) Med. Alex.Univ.
- Ragap, H. M.; Khalil, R. H. and Mutawie, H. H. (2012):** Immunostimulant effects of dietary *Spirulina platensis* on tilapia *Oreochromis niloticus*. *Journal of Applied Pharmaceutical Science* 02 (02), 26-31.
- Rainger, G. E. and Rowley, A. F. (1993):** Antibacterial activity in the serum and mucus of rainbow trout *Oncorhynchus mykiss*, following immunization with *Aeromonas salmonicida*. *Fish and shellfish immunology* (3), 475-482.
- Rehulka, J. (1989):** Determining the optimum doses of Kurasan (ethoxyquinolin) and butylhydroxytoluol (BHT) in dry pellets: effect of (ethoxyquinolin) and butylhydroxytoluol (BHT) in dry pellets: effect of Aquaculture and Fisheries Management.(20), 295-310.
- Rehulka, J. (2000):** Influence of astaxanthin on growth rate, condition and some blood indices of rainbow trout *Oreochromis mykiss*. *Aquaculture.*; (190), 27-47.
- Sivagurunathan, A.; Innocent, X. B. and lakshmi, S. M. (2012):** Immunomodulatory Effect of Dietary *Nelumbo Nucifera* (Lotus) in Growth and Haematology of *Cirrhinus Mrigala* Challenged With *Pseudomonas Cirrhinus Mrigala* Challenged With *Pseudomonas*. *Journal of Applied Pharmaceutical Science* 02 (07), 191-195.
- Siwicki, A.; Klein, P.; Mornad, M.; Wiczka, W. and Studnicka, M. (1998):** Immunostimulatory effects of dimerized lysozyme (KLP - 206) on the non specific defense mechanisms and protection against furunculosis in salmonids. *Vet. Immunol. Immunopathol.* (61)369 – 378.
- Soliman, M. K. (1996):** Principles of fish diseases. Effect of stress on immune system of fish. *Fac. Vet. Med., J. Alex. Univ.*, pp. 12-23.
- Tassakka, A. and Sakai, M. (2003):** The in vitro effect of CpG oligodeoxynucleotides on the innate

immune response of common carp, *Cyprinus carpio* L. Aquaculture (220), 27–36.

Tayag, C. M.; Lin, Y.; Li, C.; Liou, C. H. and Chen, J. C. (2010): Administration of the hot-water extract of *Spirulina platensis* enhanced the immune response of white shrimp *Litopenaeus vannamei* and its resistance against *Vibrio alginolyticus*. Fish & Shellfish Immunology (28), 764e773.

Vonshak, A. (1997): *Spirulina platensis* (Arthospira): Physiology, Cell Biology and Biotechnology (p. 540). London: Taylor and Francis.

Wafaa, Z. A. (2007): Clinicopathological studies on the effect of pseudomonas infection in fresh water fish. Ph D. Thesis Fac. of Vet. Med.(Clinical Pathology) Suez canal.Univ.

الملخص العربي

دراسات مناعية متقدمة على تأثير السبيرولينا في سمك البلطي النيلي أسامة على محمد، أسما عيل عبدالمنعم عيسى، أمينة السيدكيلاي، شيماء محمد البحار

ما زال استخدام الطحالب الدقيقة في مجال تغذية الأسماك يتم على نطاق ضيق. وقد أجريت هذه الدراسة بهدف دراسة التأثيرات الناتجة عن إضافة طحلب السبيرولينا (السبيرولينا بلاتنيسيس) لأعلاف أسماك البلطي النيلي بمستويات مختلفة من مسحوق الطحالب .

وقد استخدم في هذه الدراسة ٢٧٠ سمكة بلطي نيلي تم تجميعه من مزرعة مركز بحوث الأسماك بالعباسة بأبوحاماد شرقية وكان متوسط وزن السمكة الواحدة ٥٠ جرام تقريبا وقد أحضرت الأسماك إلى المعمل بقسم أمراض ورعاية الأسماك بكلية الطب البيطري جامعة قناة السويس في أكياس بلاستيكية مزوده بنسبة أكسجين ٣٢.

تم استخدام ٣ علائق تجريبية بإضافة مسحوق الطحالب في علائق الأسماك المتزنة بنسب مختلفة . وقد تم تقسيم الأسماك إلى ست مجموعات بحيث كل مجموعة أسماك مقسمة إلى ثلاث مكررات لكل معاملة لكل معاملة يحتوى كل مكرر على عدد ١٥ سمكة في أحواض زجاجيه وذلك لمدة ستة اسابيع وتركزت هذه الأسماك للأقلمة لمدة أسبوعين قبل بداية التجربة.

● المجموعة الأولى :- تم تغذيتها على العليقة الأولى والتي تتكون من عليقة أسماك متزنة
● المجموعة الثانية :- تم تغذيتها على العليقة الثانية والتي تتكون من عليقة أسماك متزنة مضاف إليها نسبة ٠,٥% من مسحوق نفس الطحلب.

● المجموعة الثالثة :- تم تغذيتها على العليقة الثالثة والتي تتكون من عليقة أسماك متزنة مضاف إليها نسبة ١% من مسحوق نفس الطحلب.

● المجموعة الرابعة :- تم تغذيتها على العليقة الأولى والتي تتكون من عليقة أسماك متزنة بدون إضافة مسحوق نفس الطحلب لها وعرضت للعدوى بميكروب السودو موناس فلورسنس في الغشاء البريتوني بجرعة ٠,٢ مل في نهاية التجربة.

● المجموعة الخامسة :- تم تغذيتها على العليقة الثانية والتي تتكون من عليقة أسماك متزنة مضاف إليها نسبة ٠,٥% من مسحوق نفس الطحلب وعرضت للعدوى بنفس الميكروب في نهاية التجربة.

- المجموعة السادسة :- تم تغذيتها على العليقة الثالثة والتي تتكون من عليقة أسماك متزنة مضاف إليها نسبة ١% من مسحوق نفس الطحلب وعرضت للعدوى ببغس الميكروب في نهاية التجربة. وأسفرت هذه الدراسة عن النتائج التالية
 لوحظ أنه كان الارتفاع واضحا في خلايا النيتروفيل والإلتهاميه وملحوظا في الخلايا مع تقدم التجربة خاصة في المجموعات المعالجة مع زيادة نسبة إضافة مسحوق الطحالب لعليقة الأسماك بالمقارنة بالمجموعة الأولى وذلك قبل العدوى أما بعد العدوى فلو حظ زيادة الخلايا النيتروفيل والإلتهاميه واللمفاوية . كما أسفرت النتائج المناعية عن زيادة نشاط إنزيم سيرم الدم الليزوزيم تدريجيا مع زيادة نسبة مسحوق طحلب السبيرولينا إلى علائق الأسماك بالمقارنة بالمجموعة الضابطة ، و بعد العدوى كان هناك ارتفاعا واضحا في نسبة انزيم الليزوزيم في المجموعة السادسة عن المجموعة الرابعة. أوضحت النتائج أن النشاط القاتل للبكتيريا لسيرم الدم زيادة تدريجية مع زيادة نسبة مسحوق طحلب السبيرولينا إلى علائق الأسماك و بعد العدوى كان هناك ارتفاعا واضحا في النشاط القاتل للبكتيريا لسيرم الدم في المجموعة السادسة عن المجموعة الرابعة.
 و كان هناك أيضا ارتفاعا في الانزيمات المضادة للاكسدة و هي جلوتاثيون بيروكسيديز و سوبراوكسيد ديسميوتيز في المجموعة الثالثة و الثانية عن الضابطة، و بعد العدوى كان هناك ارتفاعا واضحا في المجموعة السادسة عن الرابعة.
 تم رصد نسب النفوق ومعدل الحماية النسبي ولوحظ انخفاض في نسب النفوق مع ارتفاع معدل الحماية بالأسماك المغذاة على العليقة المضاف إليها السبيرولينا مقارنة بالمجموعة الضابطة.